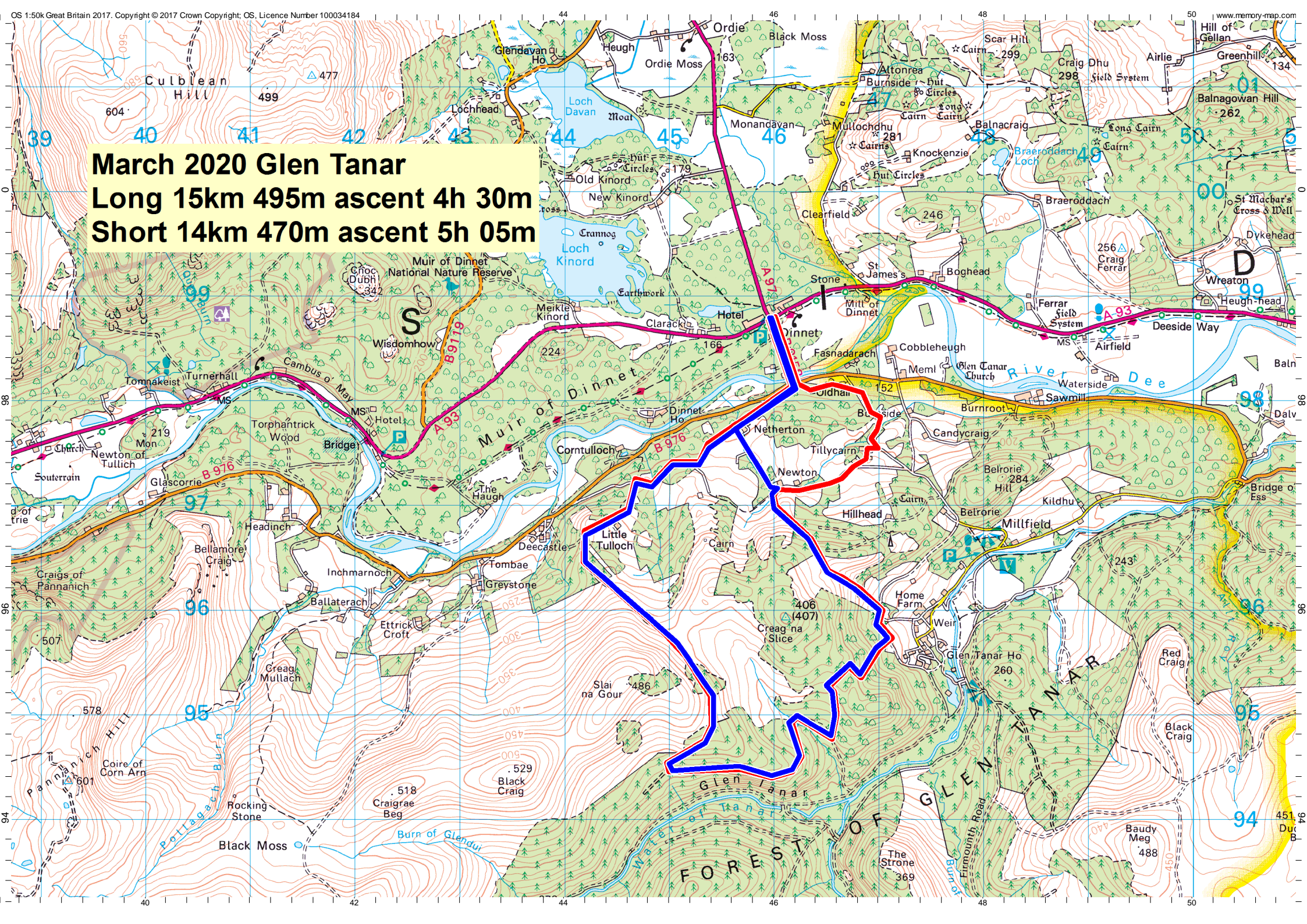


**March 2020 Glen Tanar**  
**Long 15km 495m ascent 4h 30m**  
**Short 14km 470m ascent 5h 05m**



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